MINUTES FOR THE REGULAR MEETING OF THE WESTWOOD BOARD OF HEALTH

HELD on WEDNESDAY, APRIL 13, 2022 AT 7:30 P.M.

BOROUGH HALL, 101 WASHINGTON AVENUE, WESTWOOD, NJ

1. Opening of the Meeting by Louise Cue @ 7:32PM
   This meeting, which conforms with the Open Public Meetings Law, Chapter 231, Laws of 1975, is a regular Board of Health meeting. Notices have been filed with our local official newspapers and posted on the municipal bulletin board.

2. Roll Call
   Susan Blake – present         Donna Bott – absent
   Maria Costello- absent        Louise Cue – present
   Nataly Hook – present         Su McCloskey – present
   Maria Montana – present       Cheryl Pletsch – present
   Additional Attendees:
   Cheryl Hodges – Councilperson, Liaison to Board of Health
   Gina Behre – NWBRHC
   Andy Merlo – Candidate for Alternate Member, Board of Health
   Annette Merlo – Wife of Candidate Merlo

3. Salute to the Flag led by Susan Blake

4. Public Forum
   Motion to open to public: Susan Blake 2nd: Maria Montana
   Public present: Annette Merlo

5. Swearing in of Andy Merlot as Board of Health Alternate Member

6. Close Public Forum (Mrs. Merlo only present for swearing in)
   Motion to close to public: Su McCloskey 2nd: Cheryl Pletsch

7. Approval of the minutes of the Regular meeting of March 9, 2022
   Motion to approve: Susan Blake 2nd: Maria Montana

8. Activities report for March/Health Officer report by Gina Behre
   • Mask mandate continues on buses/transit until at least 5/3/22
   • Brookside Elementary School Covid breakout resolving
   • 40+ cases of flu were reported as well
   • Flu vaccine: clinic will be offered in September/October
• Food Management classes, in person, will resume pending Covid situation.
• Grease traps: updates and inspections continue.
• “Healthy Homes”: health and safety hazards. Possible information handout at May 22 Wellness Fair.

9. Council Liaison report by Cheryl Hodges
• Marissa Tarateta, Vulnerable Population Outreach Coordinator has received grant for “lunch & learn” for this group, pending securing a location for meetings.
• Wellness Fair has been moved from Westvale Park to HUMC @ Pascack Valley Hospital campus. May 22, 10AM-2PM
• Community Health Improvement Survey coming out
• 5 Dimes Brewery official opening 4/22/22
• Reminder: we have ability to post announcements on the Borough’s electronic billboard by train station. Karen Hughes is contact.

10. Social Media Project read out by Susan Blake.
• Goal is to improve communication with the community
• Applications for Facebook & Instagram apps have been filed with Karen Hughes & then Dureen Ayers.
• ONE WAY social media....postings only.

11. Partner with HUMC/PV Wellness Fair update by Maria Montana
• HUMC/PV Community Outreach Coordinator, Shannon Freeman is contact
• Vendors and demonstrations include: Zumba, Yoga, Acupuncture, Nutritionist, exercise equipment, healthy food preparation.
• Mobile screening: bone density, Cholesterol screening, BP
• The Farmer’s Market will take place simultaneously
• Board of Health Table ideas: ? walk, Yoga? Spin for prizes?

12. Andy Merlo: 55+ Club update
• Senior Fellowship Group: meets 2nd Tuesdays @ Westwood Community Center. Not limited to Westwood residents
• 55+ Group at St. Andrew’s : monthly, open to non-residents
• Senior van getting more use
• Social media not a good choice for communicating with these groups, as they mostly get information from Pascack Press.
13. Emergent matters for May 11 regular meeting:
   Motion to move to Closed Session by Susan Blake  2nd: Cheryl Pletsch
   Motion to include Cheryl Hodges in closed session by Susan Blake
       2nd: Cheryl Pletsch

14. Adjournment at 9:13PM
   Motion by Su McCloskey     2nd: Cheryl Pletsch