

# MINUTES FOR THE REGULAR MEETING OF THE WESTWOOD BOARD OF HEALTH

HELD on WEDNESDAY, APRIL 13, 2022 AT 7:30 P.M.

BOROUGH HALL, 101 WASHINGTON AVENUE, WESTWOOD, NJ

## 1. Opening of the Meeting by Louise Cue @ 7:32PM

This meeting, which conforms with the Open Public Meetings Law, Chapter 231, Laws of 1975, is a regular Board of Health meeting. Notices have been filed with our local official newspapers and posted on the municipal bulletin board.

## 2. Roll Call

Susan Blake – present	Donna Bott – absent
Maria Costello- absent	Louise Cue – present
Nataly Hook – present	Su McCloskey – present
Maria Montana – present	Cheryl Pletsch – present

### Additional Attendees:

Cheryl Hodges – Councilperson, Liaison to Board of Health

Gina Behre – NWBRHC

Andy Merlo – Candidate for Alternate Member, Board of Health

Annette Merlo – Wife of Candidate Merlo

## 3. Salute to the Flag led by Susan Blake

## 4. Public Forum

Motion to open to public: Susan Blake      2<sup>nd</sup>: Maria Montana

Public present: Annette Merlo

## 5. Swearing in of Andy Merlot as Board of Health Alternate Member

## 6. Close Public Forum (Mrs. Merlo only present for swearing in)

Motion to close to public: Su McCloskey      2<sup>nd</sup>: Cheryl Pletsch

## 7. Approval of the minutes of the Regular meeting of March 9, 2022

Motion to approve: Susan Blake      2<sup>nd</sup>: Maria Montana

## 8. Activities report for March/Health Officer report by Gina Behre

- Mask mandate continues on buses/transit until at least 5/3/22
- Brookside Elementary School Covid breakout resolving
- 40+ cases of flu were reported as well
- Flu vaccine: clinic will be offered in September/October

- Food Management classes, in person, will resume pending Covid situation.
- Grease traps: updates and inspections continue.
- “Healthy Homes”: health and safety hazards. Possible information handout at May 22 Wellness Fair.

#### **9. Council Liaison report by Cheryl Hodges**

- Marissa Tarateta, Vulnerable Population Outreach Coordinator has received grant for “lunch & learn” for this group, pending securing a location for meetings.
- Wellness Fair has been moved from Westvale Park to HUMC @ Pascack Valley Hospital campus. May 22, 10AM-2PM
- Community Health Improvement Survey coming out
- 5 Dimes Brewery official opening 4/22/22
- Reminder: we have ability to post announcements on the Borough’s electronic billboard by train station. Karen Hughes is contact.

#### **10.Social Media Project read out by Susan Blake.**

- Goal is to improve communication with the community
- Applications for Facebook & Instagram apps have been filed with Karen Hughes & then Dureen Ayers.
- ONE WAY social media....postings only.

#### **11.Partner with HUMC/PV Wellness Fair update by Maria Montana**

- HUMC/PV Community Outreach Coordinator, Shannon Freeman is contact
- Vendors and demonstrations include: Zumba, Yoga, Acupuncture, Nutritionist, exercise equipment, healthy food preparation.
- Mobile screening: bone density, Cholesterol screening, BP
- The Farmer’s Market will take place simultaneously
- Board of Health Table ideas: ? walk, Yoga? Spin for prizes?

#### **12. Andy Merlo: 55+ Club update**

- Senior Fellowship Group: meets 2<sup>nd</sup> Tuesdays @ Westwood Community Center. Not limited to Westwood residents
- 55+ Group at St. Andrew’s : monthly, open to non-residents
- Senior van getting more use
- Social media not a good choice for communicating with these groups, as they mostly get information from Pascack Press.

**13. Emergent matters for May 11 regular meeting:**

Motion to move to Closed Session by Susan Blake 2<sup>nd</sup>: Cheryl Pletsch

Motion to include Cheryl Hodges in closed session by Susan Blake

2<sup>nd</sup>: Cheryl Pletsch

**14. Adjournment at 9:13PM**

Motion by Su McCloskey 2<sup>nd</sup>: Cheryl Pletsch