

# WESTWOOD RECREATION DEPARTMENT

## 2020 FALL PROGRAMS

RESIDENT REGISTRATION BEGINS AUGUST 28  
 NON-RESIDENT REGISTRATION BEGINS SEPTEMBER 4  
 Classes Begin Weeks of September 13 & 20  
 Visit [www.westwoodnj.gov/179/recreation](http://www.westwoodnj.gov/179/recreation) to register!



### LATE SUMMER CAMPS

*Listed under 2020 Summer Programs in Community Pass*

**MULTISPORTS CAMP** Aug 31-Sept 4 9:00 am – 12:00 pm Ages 5-11 Brookside Park Fee: \$169  
 Sept 8-Sept 11 9:00 am – 12:00 pm Ages 5-11 Brookside Park Fee: \$169

Your young athletes experience up to 4 different sports each day at Multisports and all the fundamentals of Soccer throughout the session! Participation, good sportsmanship, and FUN is the focus of these USSI classes.

**COLORFUL WARRIORS** Sept 8-Sept 10 12:30 pm - 3:00 pm Ages 5-11 Community Center Fee: \$105  
 Sept 8-Sept 10 3:30 pm - 6:00 pm Ages 5-11 Community Center Fee: \$105

Each day Colorful Warriors will create a unique masterpiece using various art materials and techniques. Additionally, children will learn yoga, play games and strengthen their bodies through healthy movement.

### CHILDREN'S FALL CLASSES

*Listed under 2020 Fall Programs in Community Pass*

**ART IN THE PARK (4 weeks)** Tue 5:30-6:15 pm Ages 4-10 Westvale Park Fee: \$80  
 Colorful Warriors explores creativity using various materials and techniques. Class held in Westvale Pavilion; starts September 15<sup>th</sup>.

**SOCCER SQUIRTS (7 weeks)** Wed 4:30-5:30 pm Ages 3-5 Westvale Park Fee: \$142  
 Wed 5:45-6:45 pm Ages 3-5 Westvale Park Fee: \$142

USSI presents a small group introduction to soccer for young children. Classes begin September 16<sup>th</sup> (Wed).

**SPORT SQUIRTS (7 weeks)** Fri 4:30-5:30 pm Ages 3-5 Westvale Park Fee: \$142  
 Sat 8:30-9:30 am Ages 4-5 Westvale Park Fee: \$142  
 Sat 11:00 am-12:00 pm Ages 5-6 Westvale Park Fee: \$142

**SPORT SQUIRTS PARENT & ME** Fri 5:45-6:45 pm Ages 2-3 Westvale Park Fee: \$142  
 Sat 9:45-10:45 am Ages 2-3 Westvale Park Fee: \$142

Young children learn Soccer, T-Ball, Lacrosse and Track/Field and more! Classes begin September 18<sup>th</sup> (Fri) and September 19<sup>th</sup> (Sat).

**TGA PREMIER JR. GOLF (6 weeks)** Thurs 3:30-4:30 pm Grades K-3 Brookside Park Fee: \$120  
 Thurs 4:35-5:35 pm Grades 4-8 Brookside Park Fee: \$120

Students learn the basics and fundamentals of the sport while being prepared to play on the golf course. Classes begin September 17<sup>th</sup>.

**TGA TENNIS (Intermediate/6 weeks)** Sun 10:00-11:00 am Grades 3-8 McKinley Park Fee: \$120  
**TGA TENNIS (Beg/Adv. Beg/6 weeks)** Mon 3:30-4:30 pm Grades K-1 McKinley Park Fee: \$120  
 Mon 4:30-5:30 pm Grades 2-4 McKinley Park Fee: \$120  
 Mon 5:30-6:30 pm Grades 5-8 McKinley Park Fee: \$120

Certified USTA instructors teach the latest techniques in a fun and engaging environment. Visit [playTGA.com](http://playTGA.com) to learn more. Classes start on September 20<sup>th</sup> (Sun) and 21<sup>st</sup> (Mon).

**NEW! OUTDOOR VOLLEYBALL (6 weeks)** Sat 10:00-11:00 am Grades 5-6 Hegeman Park Fee: \$50  
 Sat 11:15 am-12:15 pm Grades 7-8 Hegeman Park Fee: \$50

Station-based drills and games develop passing, setting, serving, spiking, and blocking skills. Classes begin on September 19<sup>th</sup>. **Parents are asked to use the Westvale Park parking lot and walk the paved path to the Hegeman Park ramp adjacent to the soccer field.**

### ADULT FITNESS PROGRAMS

*Listed under 2020 Fall Programs in Community Pass*

**TENNIS LESSONS** Sun 9:00 am - 10:00 am Adults McKinley Park Fee: \$120  
 TGA Premier Tennis will offer lessons at McKinley Park. This six-week session will begin September 20<sup>th</sup>. It's never too late to learn this lifelong sport. Grab a friend and enjoy the fun! Loaner racquets available.

**OUTDOOR YOGA** Tue 6:30 pm - 7:30 pm Adults Veterans Park Fee: \$15  
*This monthly program begins September 1st* with a focus on stretching/strengthening to promote physical/mental wellness including reducing stress and chronic pain as well as improving sleep and bone/joint health. This ongoing monthly program will continue in October. *Separate registration required for each month.*

**OUTDOOR OPEN PLAY PICKLEBALL** M/W/F 9:00 am - 12:00 pm Adults (55+) McKinley Park Fee: None  
 Tue/Thu 5:00 pm – 8:00 pm Adults (55+) McKinley Park Fee: None  
 Sat 9:00 am – 12:00 pm Adults (55+) McKinley Park Fee: None

The Tennis Court located on the west side of the facility is reserved for Open Play Pickleball on the above days and times. We have installed a storage box with 2 pickleball nets inside. Once registered, players will be given the code to the combo lock. **All players must be registered with the Recreation Department.**

### OUTDOOR FITNESS/ART PROGRAMS

**Days, Times, Locations & Fees Vary**

We are pleased to be working with several local businesses who are bringing classes to our parks. To view their schedules, fees and registration information visit their web pages.

**Fit for Moms** <https://bergen.fit4mom.com/class-schedule>

**Balanced Bodies** <http://www.balancedbodyfitnj.com>

**Colorful Warriors** <https://colorfulwarriors.com>

### WESTWOOD RECREATION PRE-SCHOOL

Visit [www.westwoodnj.gov/208/preschool](http://www.westwoodnj.gov/208/preschool) for details on our pre-school focusing on Kindergarten readiness for children 3-5 years old. This affordable NJ State Licensed daycare program provides a solid academic and social foundation in a fun, nurturing setting. Children must be of age as of 10/1/2020 to participate in the 4/5 year-old-class (Mon, Wed, Fri 9am-12 pm \$1700 + \$25 registration fee) or the 3-year-old class (Mon, Wed, Fri 12:30pm-2:30pm \$1400 + \$25 registration fee). Tuition may be paid in three equal installments. **The school year begins Monday, Sept. 14, 2020. REGISTER TODAY!**



2020 Fall Program registration begins on Friday, August 28, 2020 at 9 am on a first-come, first served basis on-line at [www.westwoodnj.gov/179/recreation](http://www.westwoodnj.gov/179/recreation) using Community Pass. *Please call if payment cannot be made with credit card.* If classes are open, Non-Residents may register on Friday, September 4, 2020 for an additional \$25. \*If you are not satisfied you will be issued a full refund. \*Most recreation programs are not held on Borough or School holidays/closings including Columbus Day, Veteran's Day, Thanksgiving Thursday/Friday. \*For some programs medical accident coverage is provided as a secondary insurance. If you do not have insurance this policy becomes the primary insurer (max. \$10,000). \*The Recreation Dept. reserves the right to cancel/alter a program due to insufficient registration/other logistical reason. Full refunds given for cancelled programs.

**WESTWOOD RECREATION DEPARTMENT - WESTWOOD COMMUNITY CENTER**

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